

How do I know if my child needs Occupational Therapy?



- When you feel like something just isn't quite right...
- When your child avoids certain types of activities...
- When your child isn't doing what other peers his/her age are doing...
When your child takes a long time or doesn't complete tasks...
- When your child relies on others to do things for them...
- If you are questioning, "What do I do about"...

Or if your child experiences any of the following:

Difficulty with Self-Care activities (dressing, feeding & utensil use)

Difficulty with participating in Fine Motor activities (coloring, handwriting, scissor use, etc.)

Difficulty with Visual Attention (not looking at a task or displaying poor eye contact with others)

Tactile Defensiveness (avoids sticky/wet textures or has behavioral outbursts during bathing/oral hygiene)

Seeking or Avoiding behaviors (purposefully crashing into people or things or avoiding loud sounds in multiple environments)

Difficulty with motor planning and/or motor coordination (prefers to watch others on the playground rather than participating in activities)

Difficulty planning, sequencing, or organizing activities that involve multiple steps

Difficulty with transitions and flexibility (is unable to deal with unexpected changes in routine)

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